

The Gym-NEWS-ium

Lawton Elementary

March 1, 2010



PE HOMEWORK



Just as we want to educate students about health and their bodies through movement, we also like to exercise their minds. We do this through our monthly PE homework, covering topics such as nutrition, the systems of the body, the importance of drinking water, etc. The homework goes home at the beginning of each month and is due in the gym by the end of the month. We encourage you to look for this and go over your child's homework with them and hopefully discuss the importance of different issues to living a healthy lifestyle.

Tooth fairy visits Lawton!

Last month Lawton welcomed a special guest - the Tooth Fairy! The Tooth Fairy, accompanied by dental hygienists from the University of Washington Dental Program visited Lawton to share the importance of good oral hygiene. Our guests shared information at an all-school assembly and gave the students who turned in their "Tooth Brushing Logs" (November's PE Homework) a chance to win some prizes by answering tooth-related



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questions. Every student in the school was given a toothbrush as well. They also visited individual classes and discussed what else we can do to keep our teeth and gums healthy and our smile bright! A special thanks to the UW Dental Program for a great assembly!

New paint in the gym



If you visit the gym you may have noticed something a little different. The murals on the walls are gone (except for the giraffe and the elephant), the color is different, and it smells of fresh paint! Thanks to generous funding from the PTA, the gym got a fresh new look over mid-winter break. The new paint has really made a difference and looks great! Although the old murals have been painted over, we will be adding new pictures to the walls soon. We would like to give a very big thank you to the PTA for making this happen - YOU ARE THE BEST!

HAPPY MARCH!

**MS PARKS AND
MISS DEJONG**

